Section 3: School Level Progress Report

Print or copy this section to be completed by each school.
Blue area includes specific guidance. Gray area includes examples.
Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Alabama School of Fine Arts   **Date:** 06/30/2021

School Wellness Leader: Cynthia Orcutt

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule and ALSDE:				
• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs	X			
• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)	X			
• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	X			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule:				
• Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	X			
If applicable, list additional school goals below:				

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: • All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)	X			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: • Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.	X			
If applicable, list additional school goals below:				

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	X			
Examples: • *Physical education: (structured and un-structured play)* • *Our school prohibits withholding activities/recess as a punishment.*	X	X		
List school goals in this section:				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	X			
Examples: • *Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year* • *National School Lunch/School Breakfast Week promotion*				
List school goals in addition to the required outreach included in this section: • School Breakfast Outreach • Summer Food Service Outreach	X			

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	X			
Examples: • *Social Emotional Development* • *Counseling* • *Health Services* • *Physical Environment* • *Caregiver (Family) Engagement* • *Community Involvement*				
List school wellness activity goals in this section:				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

☐ content specific training (*i.e., Nutrition Education, Physical Education/Activity*)

☐ assistance with a school-based health assessment

☐ strategies for implementing the local Wellness Policy

☐ healthy and profitable non-food fundraisers

☐ healthy school non-food celebrations

☐ increasing engagement

☐ grant writing support

☐ local and state resources

☐ other (please specify):

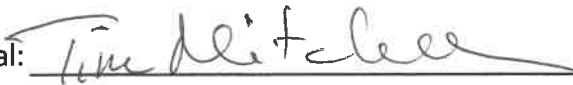# Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

It is recommended that ASFA re-establish the Health and Wellness Committee. Then revise and update the written Health and Wellness Policy to reflect the areas where ASFA is excelling. To start working with the school administration to bring the other areas up to standards as needed.

Signatures:

District Wellness Assessment Leader: _Lynne Watt, SNS_ DATE: 06/30/2021

School Wellness Leader: _Lynne Watt, SNS_ DATE: 06/30/2021

Principal: _Tim Mitchell_ DATE: 06/30/2021